



Journal of Homosexuality >

Volume 64, 2017 - Issue 6

Submit an article

Journal homepage

Enter keywords, authors, DOI, ORCID et

This Journal



Advanced search

730

Views

8

CrossRef citations to date

2

Altmetric

Articles

# The LGB Mormon Paradox: Mental, Physical, and Self-Rated Health Among Mormon and Non-Mormon LGB Individuals in the Utah Behavioral Risk Factor Surveillance System

Stephen Cranney , PhD

Pages 731-744 | Accepted author version posted online: 15 Sep 2016, Published online: 01 Nov 2016

Download citation

<https://doi.org/10.1080/00918369.2016.1236570>

Check for updates



## ABSTRACT

Much of the literature on mental and physical health among religious LGB individuals has relied on small-*N* convenience samples. This study takes advantage of a unique, large-*N*, population-based dataset to test the relationship between religious identity, religious activity, and health, with a specific emphasis on Utah Mormons. In a surprising finding, Mormon LGBs report better mental health than non-Mormon LGBs, while their self-rated and physical health is not significantly different. However, there is some evidence that Mormon LGBs derive fewer health benefits from church attendance than their non-LGB Mormon counterparts. These results may nuance the conventional wisdom regarding the health dynamics of LGB individuals who identify with a conservative, heteronormative religious tradition, and plausible explanations are discussed.

**KEYWORDS:** Bisexuality gay health disparities Mormon religion sexual orientation

## Related research

People also read Recommended articles Cited by 8

Identity Affirmation and Mental Health among Sexual Minorities: A Raised-Mormon Sample >

James G. Bridges et al.  
Journal of GLBT Family Studies  
Published online: 25 Jul 2019

Same-Sex Attracted, Not LGBQ: The Associations of Sexual Identity Labeling on Religiousness, Sexuality, and Health Among Mormons >

G. Tyler Lefevor et al.  
Journal of Homosexuality  
Published online: 8 Mar 2019

Historical, Doctrinal, and Empirical Insights into Latter-day Saint Sexual Minorities' Psychological and Interpersonal Functioning >

James S. McGraw et al.  
Journal of GLBT Family Studies  
Published online: 11 Aug 2020

Sample our Behavioral Sciences Journals >> Sign in here to start your access to the latest two volumes for 14 days

EDITINGSERVICES Need language editing? Click for a quote today!

Australian Journal of Psychology NOW OPEN ACCESS

### Information for

- Authors
- Corporate partners
- Editors
- Librarians
- Societies

### Open access

- Overview
- Open journals
- Open Select
- Dove Medical Press
- F1000Research

### Opportunities

- Reprints and e-prints
- Advertising solutions
- Accelerated publication
- Corporate access solutions

### Help and information

- Help and contact
- Newsroom
- All journals
- Books

### Keep up to date

Register to receive personalised research and resources by email

Sign me up

