

Table 27 Any Mental Illness in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	20.78	(20.32 - 21.25)	30.00	(29.05 - 30.96)	19.35	(18.84 - 19.87)
Northeast	19.60	(18.67 - 20.56)	29.71	(28.16 - 31.31)	18.08	(17.06 - 19.15)
Midwest	22.35	(21.59 - 23.13)	31.48	(30.21 - 32.79)	20.91	(20.06 - 21.78)
South	19.43	(18.74 - 20.14)	28.06	(26.79 - 29.37)	18.10	(17.34 - 18.89)
West	22.42	(21.50 - 23.36)	31.94	(30.28 - 33.66)	20.93	(19.92 - 21.98)
Alabama	21.24	(18.68 - 24.06)	26.20	(22.30 - 30.51)	20.48	(17.68 - 23.60)
Alaska	22.20	(19.55 - 25.09)	34.21	(29.71 - 39.01)	20.36	(17.50 - 23.56)
Arizona	23.89	(21.15 - 26.86)	36.50	(31.90 - 41.36)	21.87	(18.90 - 25.17)
Arkansas	22.61	(20.00 - 25.45)	31.53	(27.44 - 35.93)	21.21	(18.35 - 24.37)
California	20.49	(19.08 - 21.98)	28.48	(26.03 - 31.06)	19.23	(17.69 - 20.88)
Colorado	23.16	(20.62 - 25.90)	33.99	(29.82 - 38.42)	21.50	(18.76 - 24.52)
Connecticut	18.77	(16.13 - 21.73)	28.78	(24.57 - 33.40)	17.20	(14.34 - 20.49)
Delaware	20.52	(18.09 - 23.18)	29.53	(25.62 - 33.75)	19.28	(16.65 - 22.22)
District of Columbia	22.95	(20.13 - 26.02)	26.96	(22.97 - 31.35)	22.24	(19.11 - 25.73)
Florida	17.49	(15.95 - 19.15)	26.17	(23.64 - 28.87)	16.37	(14.68 - 18.23)
Georgia	17.55	(15.52 - 19.78)	23.22	(19.84 - 26.99)	16.63	(14.42 - 19.10)
Hawaii	17.86	(15.61 - 20.37)	33.84	(29.21 - 38.80)	15.87	(13.50 - 18.56)
Idaho	24.92	(22.22 - 27.83)	36.19	(32.13 - 40.47)	23.09	(20.10 - 26.37)
Illinois	20.72	(18.95 - 22.61)	29.60	(26.80 - 32.57)	19.35	(17.40 - 21.46)
Indiana	21.83	(19.35 - 24.53)	29.09	(25.19 - 33.34)	20.60	(17.88 - 23.61)
Iowa	21.00	(18.45 - 23.80)	30.13	(26.08 - 34.51)	19.44	(16.67 - 22.54)
Kansas	26.02	(23.05 - 29.23)	34.79	(30.31 - 39.56)	24.50	(21.19 - 28.14)
Kentucky	21.91	(19.40 - 24.64)	27.53	(23.82 - 31.59)	21.03	(18.28 - 24.07)
Louisiana	21.18	(18.46 - 24.17)	24.93	(21.19 - 29.09)	20.60	(17.62 - 23.94)
Maine	21.61	(18.95 - 24.53)	32.21	(27.75 - 37.03)	20.29	(17.44 - 23.48)
Maryland	17.80	(15.49 - 20.36)	30.43	(26.48 - 34.69)	15.97	(13.50 - 18.79)
Massachusetts	21.39	(18.82 - 24.19)	30.66	(26.15 - 35.59)	19.85	(17.09 - 22.93)
Michigan	22.33	(20.45 - 24.32)	32.45	(29.32 - 35.74)	20.72	(18.66 - 22.95)
Minnesota	23.23	(20.65 - 26.02)	33.80	(30.05 - 37.76)	21.63	(18.82 - 24.72)
Mississippi	21.06	(18.25 - 24.18)	23.27	(19.27 - 27.81)	20.70	(17.62 - 24.17)
Missouri	21.32	(18.85 - 24.01)	31.28	(27.20 - 35.67)	19.79	(17.11 - 22.77)
Montana	23.43	(20.69 - 26.42)	33.95	(29.74 - 38.43)	21.84	(18.84 - 25.16)

See notes at end of table.

(continued)

Table 27 Any Mental Illness in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	23.41	(20.79 - 26.26)	32.55	(28.53 - 36.85)	21.84	(18.94 - 25.04)
Nevada	21.38	(18.75 - 24.28)	31.92	(27.46 - 36.75)	19.94	(17.13 - 23.08)
New Hampshire	23.74	(20.83 - 26.92)	34.43	(29.69 - 39.50)	22.19	(19.03 - 25.71)
New Jersey	18.27	(16.12 - 20.63)	31.00	(27.40 - 34.86)	16.46	(14.15 - 19.08)
New Mexico	21.16	(18.44 - 24.17)	28.71	(24.57 - 33.25)	19.99	(17.01 - 23.34)
New York	18.83	(17.27 - 20.49)	27.63	(24.99 - 30.43)	17.50	(15.80 - 19.34)
North Carolina	19.80	(17.63 - 22.17)	29.16	(25.77 - 32.81)	18.36	(16.01 - 20.96)
North Dakota	20.79	(18.31 - 23.51)	29.79	(25.83 - 34.07)	19.09	(16.38 - 22.13)
Ohio	24.32	(22.50 - 26.23)	31.92	(28.78 - 35.23)	23.15	(21.16 - 25.27)
Oklahoma	25.59	(22.81 - 28.58)	36.66	(32.30 - 41.24)	23.75	(20.70 - 27.10)
Oregon	27.33	(24.60 - 30.23)	36.48	(31.86 - 41.36)	26.03	(23.08 - 29.20)
Pennsylvania	19.68	(17.94 - 21.53)	30.91	(27.86 - 34.14)	18.03	(16.13 - 20.11)
Rhode Island	24.12	(21.08 - 27.44)	30.15	(25.74 - 34.95)	23.10	(19.79 - 26.79)
South Carolina	21.69	(18.97 - 24.68)	27.33	(23.30 - 31.78)	20.87	(17.90 - 24.19)
South Dakota	21.25	(18.73 - 24.01)	32.33	(28.19 - 36.78)	19.44	(16.71 - 22.49)
Tennessee	20.46	(17.97 - 23.21)	30.82	(26.72 - 35.25)	18.90	(16.20 - 21.95)
Texas	17.96	(16.50 - 19.52)	28.26	(25.26 - 31.45)	16.18	(14.60 - 17.90)
Utah	29.68	(26.83 - 32.70)	39.30	(34.58 - 44.23)	27.55	(24.41 - 30.92)
Vermont	23.71	(20.91 - 26.77)	31.22	(27.05 - 35.72)	22.46	(19.37 - 25.90)
Virginia	20.51	(18.47 - 22.72)	31.74	(28.13 - 35.58)	18.79	(16.55 - 21.24)
Washington	25.51	(22.80 - 28.42)	36.71	(32.07 - 41.61)	23.90	(20.97 - 27.09)
West Virginia	26.05	(22.81 - 29.59)	31.47	(27.17 - 36.13)	25.30	(21.75 - 29.21)
Wisconsin	21.83	(19.34 - 24.54)	32.69	(28.68 - 36.96)	20.13	(17.42 - 23.14)
Wyoming	23.63	(20.88 - 26.62)	37.22	(32.56 - 42.13)	21.56	(18.59 - 24.86)

NOTE: Any mental illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, as assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). These estimates are based on indicators of AMI rather than direct measures of diagnostic status. A subset of 2020 respondents who did not complete the questionnaire were excluded, and the analysis weights were adjusted for the reduced sample size. For details, see Section B of the “2019-2020 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology” at <https://www.samhsa.gov/data/>.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the “Total U.S.” row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 28 Serious Mental Illness in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	5.44	(5.19 - 5.70)	9.16	(8.60 - 9.76)	4.86	(4.59 - 5.15)
Northeast	4.83	(4.45 - 5.24)	9.24	(8.24 - 10.35)	4.17	(3.77 - 4.61)
Midwest	6.10	(5.72 - 6.50)	10.17	(9.29 - 11.13)	5.45	(5.04 - 5.89)
South	5.35	(5.01 - 5.71)	8.02	(7.25 - 8.86)	4.93	(4.56 - 5.33)
West	5.46	(5.04 - 5.91)	10.00	(8.96 - 11.15)	4.75	(4.30 - 5.25)
Alabama	6.24	(5.03 - 7.71)	7.52	(5.50 - 10.19)	6.04	(4.73 - 7.68)
Alaska	5.79	(4.76 - 7.04)	13.32	(10.10 - 17.37)	4.64	(3.64 - 5.90)
Arizona	6.42	(5.25 - 7.84)	13.95	(10.71 - 17.98)	5.22	(4.02 - 6.75)
Arkansas	7.32	(5.94 - 8.98)	12.00	(9.14 - 15.60)	6.58	(5.12 - 8.42)
California	4.56	(3.96 - 5.25)	7.95	(6.54 - 9.63)	4.03	(3.39 - 4.78)
Colorado	5.94	(4.94 - 7.13)	10.94	(8.38 - 14.15)	5.18	(4.15 - 6.44)
Connecticut	4.78	(3.90 - 5.85)	10.12	(7.49 - 13.54)	3.95	(3.11 - 5.00)
Delaware	5.42	(4.45 - 6.59)	9.19	(6.90 - 12.14)	4.90	(3.88 - 6.18)
District of Columbia	5.00	(3.95 - 6.32)	5.18	(3.62 - 7.37)	4.97	(3.83 - 6.43)
Florida	5.15	(4.42 - 6.00)	6.83	(5.49 - 8.48)	4.93	(4.13 - 5.87)
Georgia	4.75	(3.88 - 5.81)	5.59	(4.11 - 7.56)	4.62	(3.68 - 5.77)
Hawaii	4.35	(3.49 - 5.42)	10.99	(8.06 - 14.83)	3.52	(2.68 - 4.62)
Idaho	6.44	(5.28 - 7.82)	11.09	(8.68 - 14.07)	5.68	(4.47 - 7.20)
Illinois	5.44	(4.66 - 6.35)	9.85	(8.03 - 12.02)	4.76	(3.95 - 5.74)
Indiana	6.84	(5.66 - 8.25)	9.52	(7.19 - 12.51)	6.39	(5.13 - 7.94)
Iowa	5.95	(4.89 - 7.22)	9.27	(6.90 - 12.33)	5.38	(4.26 - 6.79)
Kansas	6.73	(5.58 - 8.10)	13.28	(10.31 - 16.94)	5.60	(4.43 - 7.05)
Kentucky	6.42	(5.25 - 7.84)	8.62	(6.54 - 11.28)	6.08	(4.82 - 7.64)
Louisiana	5.55	(4.46 - 6.90)	6.59	(4.76 - 9.05)	5.39	(4.20 - 6.90)
Maine	6.04	(4.92 - 7.40)	10.14	(7.52 - 13.54)	5.53	(4.37 - 6.97)
Maryland	4.50	(3.65 - 5.53)	9.34	(7.01 - 12.32)	3.80	(2.94 - 4.89)
Massachusetts	5.25	(4.27 - 6.44)	10.07	(7.45 - 13.49)	4.45	(3.49 - 5.67)
Michigan	5.50	(4.70 - 6.43)	9.39	(7.60 - 11.54)	4.89	(4.02 - 5.92)
Minnesota	6.17	(5.10 - 7.44)	11.15	(8.74 - 14.14)	5.41	(4.31 - 6.78)
Mississippi	5.48	(4.34 - 6.90)	5.78	(4.06 - 8.16)	5.43	(4.18 - 7.03)
Missouri	6.25	(5.12 - 7.62)	10.25	(7.75 - 13.43)	5.64	(4.45 - 7.12)
Montana	6.19	(5.06 - 7.56)	10.21	(7.68 - 13.45)	5.58	(4.40 - 7.06)

See notes at end of table.

(continued)

Table 28 Serious Mental Illness in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	6.31	(5.24 - 7.58)	9.53	(7.22 - 12.49)	5.76	(4.62 - 7.16)
Nevada	6.38	(5.13 - 7.91)	11.92	(8.85 - 15.87)	5.62	(4.36 - 7.23)
New Hampshire	5.06	(4.11 - 6.21)	9.22	(6.88 - 12.26)	4.45	(3.48 - 5.68)
New Jersey	4.46	(3.66 - 5.43)	9.48	(7.29 - 12.22)	3.75	(2.95 - 4.77)
New Mexico	5.33	(4.25 - 6.67)	10.12	(7.41 - 13.68)	4.59	(3.48 - 6.02)
New York	4.46	(3.83 - 5.19)	8.43	(6.89 - 10.27)	3.86	(3.19 - 4.65)
North Carolina	5.35	(4.48 - 6.38)	8.93	(6.99 - 11.35)	4.80	(3.89 - 5.91)
North Dakota	6.08	(4.97 - 7.41)	10.15	(7.84 - 13.05)	5.31	(4.16 - 6.74)
Ohio	6.85	(5.94 - 7.89)	11.02	(9.04 - 13.37)	6.21	(5.23 - 7.37)
Oklahoma	6.84	(5.63 - 8.29)	12.95	(10.01 - 16.59)	5.83	(4.56 - 7.43)
Oregon	7.15	(5.91 - 8.63)	11.41	(8.60 - 14.98)	6.55	(5.24 - 8.15)
Pennsylvania	5.15	(4.41 - 6.01)	9.50	(7.73 - 11.62)	4.52	(3.73 - 5.46)
Rhode Island	5.59	(4.50 - 6.91)	8.75	(6.43 - 11.79)	5.06	(3.93 - 6.49)
South Carolina	6.01	(4.77 - 7.54)	6.14	(4.36 - 8.58)	5.99	(4.63 - 7.72)
South Dakota	6.41	(5.29 - 7.75)	10.06	(7.69 - 13.06)	5.82	(4.62 - 7.30)
Tennessee	6.32	(5.16 - 7.72)	9.66	(7.31 - 12.66)	5.82	(4.58 - 7.36)
Texas	4.79	(4.12 - 5.55)	8.13	(6.43 - 10.24)	4.21	(3.51 - 5.04)
Utah	7.59	(6.35 - 9.04)	11.74	(9.01 - 15.16)	6.67	(5.38 - 8.23)
Vermont	6.11	(5.04 - 7.40)	10.16	(7.77 - 13.19)	5.44	(4.32 - 6.82)
Virginia	4.88	(4.04 - 5.88)	8.51	(6.63 - 10.88)	4.32	(3.44 - 5.41)
Washington	6.43	(5.30 - 7.78)	12.90	(10.00 - 16.47)	5.50	(4.35 - 6.92)
West Virginia	6.97	(5.68 - 8.52)	10.77	(8.00 - 14.36)	6.44	(5.07 - 8.15)
Wisconsin	5.61	(4.58 - 6.85)	9.51	(7.33 - 12.25)	5.00	(3.93 - 6.33)
Wyoming	6.38	(5.24 - 7.75)	13.12	(10.05 - 16.97)	5.35	(4.20 - 6.80)

NOTE: Serious mental illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, as assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These estimates are based on indicators of SMI rather than direct measures of diagnostic status. A subset of 2020 respondents who did not complete the questionnaire were excluded, and the analysis weights were adjusted for the reduced sample size. For details, see Section B of the “2019-2020 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology” at <https://www.samhsa.gov/data/>.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the “Total U.S.” row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 29 Received Mental Health Services in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	16.54	(16.12 - 16.97)	18.36	(17.61 - 19.14)	16.26	(15.79 - 16.74)
Northeast	17.16	(16.33 - 18.02)	20.24	(18.83 - 21.72)	16.70	(15.78 - 17.66)
Midwest	18.84	(18.11 - 19.59)	20.74	(19.51 - 22.02)	18.53	(17.72 - 19.38)
South	15.40	(14.81 - 16.01)	16.76	(15.66 - 17.92)	15.19	(14.54 - 15.88)
West	15.91	(15.16 - 16.69)	17.46	(16.17 - 18.83)	15.67	(14.83 - 16.54)
Alabama	16.57	(14.44 - 18.96)	16.65	(13.74 - 20.03)	16.56	(14.18 - 19.26)
Alaska	17.30	(15.17 - 19.66)	19.57	(16.13 - 23.54)	16.96	(14.63 - 19.57)
Arizona	16.30	(14.05 - 18.82)	14.75	(12.23 - 17.69)	16.54	(13.99 - 19.45)
Arkansas	18.34	(15.99 - 20.95)	17.28	(14.30 - 20.74)	18.50	(15.88 - 21.45)
California	13.62	(12.49 - 14.84)	14.88	(13.07 - 16.90)	13.42	(12.16 - 14.79)
Colorado	19.42	(17.30 - 21.74)	22.90	(19.51 - 26.68)	18.90	(16.54 - 21.50)
Connecticut	16.69	(14.51 - 19.12)	19.99	(16.70 - 23.75)	16.17	(13.72 - 18.96)
Delaware	17.64	(15.50 - 20.01)	20.25	(16.89 - 24.08)	17.29	(14.91 - 19.96)
District of Columbia	19.14	(16.97 - 21.51)	19.81	(16.34 - 23.80)	19.01	(16.61 - 21.68)
Florida	13.37	(12.03 - 14.82)	14.82	(12.81 - 17.08)	13.19	(11.71 - 14.82)
Georgia	13.55	(11.87 - 15.43)	14.32	(11.82 - 17.25)	13.43	(11.55 - 15.56)
Hawaii	10.03	(8.49 - 11.81)	13.59	(10.86 - 16.86)	9.59	(7.93 - 11.56)
Idaho	19.49	(17.21 - 22.00)	21.57	(18.31 - 25.24)	19.16	(16.60 - 22.00)
Illinois	17.43	(15.84 - 19.13)	20.08	(17.69 - 22.70)	17.02	(15.27 - 18.93)
Indiana	19.31	(17.04 - 21.80)	18.61	(15.53 - 22.16)	19.42	(16.85 - 22.28)
Iowa	19.62	(17.36 - 22.09)	21.83	(18.32 - 25.79)	19.23	(16.73 - 22.01)
Kansas	19.94	(17.50 - 22.64)	21.85	(18.41 - 25.73)	19.61	(16.87 - 22.67)
Kentucky	18.97	(16.64 - 21.55)	18.93	(15.98 - 22.28)	18.98	(16.36 - 21.90)
Louisiana	16.88	(14.59 - 19.45)	16.32	(13.44 - 19.67)	16.96	(14.40 - 19.88)
Maine	21.05	(18.50 - 23.85)	23.22	(19.51 - 27.40)	20.79	(18.00 - 23.88)
Maryland	15.35	(13.39 - 17.54)	18.52	(15.48 - 22.00)	14.89	(12.73 - 17.35)
Massachusetts	20.69	(18.25 - 23.37)	22.95	(18.97 - 27.48)	20.32	(17.58 - 23.36)
Michigan	18.95	(17.26 - 20.76)	20.64	(18.15 - 23.37)	18.68	(16.79 - 20.73)
Minnesota	19.34	(17.19 - 21.68)	22.89	(19.65 - 26.49)	18.80	(16.41 - 21.45)
Mississippi	14.71	(12.69 - 16.98)	15.28	(12.39 - 18.70)	14.61	(12.37 - 17.18)
Missouri	19.12	(16.77 - 21.72)	21.40	(18.18 - 25.01)	18.77	(16.17 - 21.69)
Montana	20.53	(17.96 - 23.38)	23.47	(19.79 - 27.60)	20.09	(17.22 - 23.30)

See notes at end of table.

(continued)

Table 29 Received Mental Health Services in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	21.66	(19.26 - 24.27)	23.35	(19.97 - 27.10)	21.37	(18.66 - 24.35)
Nevada	13.97	(12.00 - 16.20)	15.23	(12.30 - 18.71)	13.80	(11.63 - 16.30)
New Hampshire	20.48	(18.04 - 23.15)	27.76	(23.62 - 32.31)	19.42	(16.78 - 22.37)
New Jersey	15.09	(13.22 - 17.18)	16.98	(14.31 - 20.04)	14.83	(12.77 - 17.15)
New Mexico	15.21	(13.08 - 17.61)	13.18	(10.63 - 16.23)	15.52	(13.13 - 18.26)
New York	15.75	(14.40 - 17.20)	17.75	(15.56 - 20.17)	15.45	(13.95 - 17.08)
North Carolina	17.80	(15.89 - 19.88)	19.92	(17.11 - 23.06)	17.47	(15.35 - 19.81)
North Dakota	19.34	(17.08 - 21.82)	22.90	(19.34 - 26.91)	18.66	(16.08 - 21.54)
Ohio	18.61	(17.03 - 20.30)	19.23	(16.71 - 22.03)	18.52	(16.74 - 20.43)
Oklahoma	18.75	(16.49 - 21.25)	19.57	(16.35 - 23.25)	18.61	(16.08 - 21.44)
Oregon	20.01	(17.79 - 22.44)	21.53	(18.06 - 25.45)	19.80	(17.34 - 22.51)
Pennsylvania	17.64	(15.89 - 19.54)	23.31	(20.42 - 26.48)	16.81	(14.87 - 18.96)
Rhode Island	19.98	(17.34 - 22.91)	20.84	(17.39 - 24.77)	19.84	(16.87 - 23.18)
South Carolina	17.75	(15.41 - 20.37)	16.77	(13.77 - 20.27)	17.90	(15.29 - 20.85)
South Dakota	18.85	(16.66 - 21.27)	23.44	(20.02 - 27.24)	18.10	(15.67 - 20.83)
Tennessee	17.72	(15.51 - 20.18)	19.87	(16.75 - 23.41)	17.40	(14.95 - 20.16)
Texas	12.85	(11.65 - 14.16)	14.90	(12.79 - 17.28)	12.50	(11.16 - 13.97)
Utah	21.51	(19.24 - 23.97)	26.66	(22.58 - 31.17)	20.35	(17.82 - 23.14)
Vermont	22.09	(19.51 - 24.90)	24.51	(20.98 - 28.41)	21.68	(18.80 - 24.87)
Virginia	17.72	(15.85 - 19.77)	20.32	(17.47 - 23.50)	17.33	(15.23 - 19.64)
Washington	20.34	(18.09 - 22.79)	23.10	(19.56 - 27.06)	19.94	(17.46 - 22.69)
West Virginia	20.77	(18.10 - 23.73)	19.67	(16.34 - 23.49)	20.93	(17.97 - 24.24)
Wisconsin	18.89	(16.60 - 21.41)	22.29	(19.09 - 25.85)	18.36	(15.81 - 21.22)
Wyoming	18.55	(16.17 - 21.19)	21.43	(17.83 - 25.53)	18.11	(15.48 - 21.08)

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the "Total U.S." row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 30 Major Depressive Episode in the Past Year: Among People Aged 12 or Older; by Age Group and State, Average Percentages, 2019 and 2020

State	18+ (Estimate)	18+ (95% Confidence Interval)	12-17 (Estimate)	12-17 (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	8.12	(7.81 - 8.44)	16.39	(15.53 - 17.28)	16.09	(15.35 - 16.87)	6.89	(6.57 - 7.24)
Northeast	7.68	(7.14 - 8.27)	15.32	(14.03 - 16.70)	16.78	(15.49 - 18.16)	6.32	(5.76 - 6.94)
Midwest	8.81	(8.30 - 9.35)	17.22	(16.03 - 18.48)	17.01	(15.88 - 18.21)	7.52	(6.99 - 8.08)
South	7.78	(7.33 - 8.27)	16.19	(15.13 - 17.32)	15.25	(14.22 - 16.34)	6.64	(6.18 - 7.14)
West	8.37	(7.81 - 8.97)	16.66	(15.29 - 18.14)	16.13	(14.80 - 17.55)	7.17	(6.59 - 7.79)
Alabama	7.43	(6.08 - 9.04)	17.56	(14.23 - 21.47)	13.02	(10.32 - 16.29)	6.58	(5.18 - 8.33)
Alaska	8.50	(7.09 - 10.14)	18.36	(15.10 - 22.14)	17.23	(13.94 - 21.11)	7.17	(5.74 - 8.92)
Arizona	9.87	(8.29 - 11.73)	16.90	(13.53 - 20.91)	21.53	(17.77 - 25.84)	8.02	(6.41 - 9.98)
Arkansas	9.41	(7.81 - 11.29)	14.97	(12.04 - 18.47)	16.89	(13.55 - 20.86)	8.24	(6.56 - 10.30)
California	7.34	(6.47 - 8.32)	14.83	(12.76 - 17.17)	13.60	(11.71 - 15.74)	6.37	(5.45 - 7.42)
Colorado	8.94	(7.54 - 10.57)	17.05	(13.98 - 20.63)	18.10	(14.96 - 21.74)	7.55	(6.10 - 9.31)
Connecticut	8.35	(6.87 - 10.12)	15.64	(12.35 - 19.62)	18.17	(14.68 - 22.27)	6.82	(5.31 - 8.72)
Delaware	8.37	(6.90 - 10.12)	14.24	(11.50 - 17.51)	17.37	(14.13 - 21.17)	7.15	(5.62 - 9.04)
District of Columbia	8.03	(6.56 - 9.79)	16.32	(12.77 - 20.63)	11.10	(8.44 - 14.47)	7.50	(5.93 - 9.43)
Florida	7.29	(6.35 - 8.35)	15.51	(13.31 - 18.01)	15.14	(13.01 - 17.54)	6.29	(5.31 - 7.44)
Georgia	7.08	(5.87 - 8.50)	14.49	(11.86 - 17.58)	11.44	(9.11 - 14.27)	6.38	(5.10 - 7.95)
Hawaii	6.72	(5.49 - 8.20)	18.36	(14.92 - 22.39)	17.23	(13.59 - 21.60)	5.42	(4.18 - 6.98)
Idaho	10.36	(8.69 - 12.31)	20.88	(17.25 - 25.06)	18.01	(14.78 - 21.77)	9.12	(7.35 - 11.27)
Illinois	7.96	(6.97 - 9.08)	18.10	(15.55 - 20.96)	17.38	(14.94 - 20.13)	6.51	(5.48 - 7.73)
Indiana	8.75	(7.31 - 10.44)	15.45	(12.42 - 19.06)	15.25	(12.28 - 18.80)	7.65	(6.14 - 9.49)
Iowa	8.58	(7.11 - 10.33)	17.10	(13.91 - 20.85)	15.38	(12.37 - 18.97)	7.42	(5.86 - 9.36)
Kansas	9.87	(8.26 - 11.75)	17.94	(14.66 - 21.77)	19.55	(15.99 - 23.68)	8.19	(6.54 - 10.22)
Kentucky	8.10	(6.66 - 9.83)	14.89	(11.95 - 18.41)	12.90	(10.28 - 16.07)	7.36	(5.82 - 9.26)
Louisiana	7.46	(6.09 - 9.11)	16.18	(12.87 - 20.15)	12.40	(9.81 - 15.55)	6.71	(5.26 - 8.53)
Maine	8.97	(7.43 - 10.79)	19.85	(16.16 - 24.14)	17.61	(14.03 - 21.87)	7.91	(6.31 - 9.86)
Maryland	7.08	(5.80 - 8.62)	15.37	(12.45 - 18.82)	15.83	(12.67 - 19.61)	5.82	(4.50 - 7.50)
Massachusetts	9.80	(8.17 - 11.71)	17.74	(14.46 - 21.57)	18.29	(14.63 - 22.62)	8.39	(6.71 - 10.46)
Michigan	8.90	(7.76 - 10.18)	15.99	(13.63 - 18.68)	17.08	(14.61 - 19.86)	7.61	(6.41 - 9.01)
Minnesota	9.31	(7.82 - 11.05)	19.39	(15.92 - 23.41)	17.21	(14.23 - 20.65)	8.12	(6.55 - 10.04)
Mississippi	7.27	(5.91 - 8.90)	15.08	(11.86 - 19.00)	11.26	(8.67 - 14.50)	6.62	(5.19 - 8.40)
Missouri	8.66	(7.23 - 10.32)	16.84	(13.84 - 20.33)	17.50	(14.22 - 21.35)	7.30	(5.82 - 9.12)
Montana	8.38	(6.94 - 10.10)	20.18	(16.43 - 24.53)	14.43	(11.52 - 17.92)	7.47	(5.94 - 9.36)

See notes at end of table.

(continued)

Table 30 Major Depressive Episode in the Past Year: Among People Aged 12 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	12-17 (Estimate)	12-17 (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	9.75	(8.21 - 11.54)	20.08	(16.45 - 24.27)	17.49	(14.40 - 21.08)	8.42	(6.77 - 10.42)
Nevada	8.81	(7.26 - 10.66)	16.02	(12.74 - 19.95)	19.04	(15.28 - 23.47)	7.42	(5.83 - 9.40)
New Hampshire	9.12	(7.52 - 11.01)	17.02	(13.82 - 20.79)	17.99	(14.59 - 21.98)	7.83	(6.16 - 9.91)
New Jersey	7.26	(6.11 - 8.59)	12.57	(10.10 - 15.53)	17.80	(14.81 - 21.24)	5.77	(4.63 - 7.18)
New Mexico	8.18	(6.67 - 10.00)	19.32	(15.52 - 23.79)	14.72	(11.64 - 18.45)	7.17	(5.58 - 9.17)
New York	6.94	(6.08 - 7.91)	16.03	(13.83 - 18.50)	15.33	(13.22 - 17.71)	5.68	(4.79 - 6.73)
North Carolina	7.83	(6.60 - 9.27)	15.56	(12.91 - 18.63)	14.95	(12.45 - 17.85)	6.74	(5.46 - 8.30)
North Dakota	7.79	(6.43 - 9.41)	17.77	(14.22 - 21.98)	15.20	(12.18 - 18.81)	6.39	(5.00 - 8.13)
Ohio	9.25	(8.14 - 10.50)	18.25	(15.83 - 20.94)	17.32	(14.88 - 20.08)	8.02	(6.83 - 9.39)
Oklahoma	9.46	(7.98 - 11.19)	15.97	(12.80 - 19.74)	19.44	(15.91 - 23.53)	7.81	(6.27 - 9.69)
Oregon	9.84	(8.19 - 11.77)	21.13	(17.42 - 25.38)	16.51	(13.24 - 20.40)	8.90	(7.17 - 10.99)
Pennsylvania	7.32	(6.31 - 8.48)	14.04	(11.75 - 16.69)	16.91	(14.48 - 19.66)	5.93	(4.88 - 7.18)
Rhode Island	9.08	(7.36 - 11.15)	15.90	(12.66 - 19.77)	16.56	(13.06 - 20.77)	7.83	(6.04 - 10.09)
South Carolina	8.37	(6.77 - 10.30)	13.41	(10.51 - 16.96)	12.65	(9.87 - 16.07)	7.75	(6.05 - 9.89)
South Dakota	8.74	(7.35 - 10.37)	17.96	(14.56 - 21.95)	17.17	(14.02 - 20.86)	7.37	(5.93 - 9.13)
Tennessee	9.01	(7.46 - 10.83)	17.32	(13.91 - 21.36)	19.05	(15.64 - 23.01)	7.50	(5.90 - 9.49)
Texas	7.62	(6.71 - 8.65)	17.08	(14.57 - 19.93)	16.50	(14.14 - 19.17)	6.10	(5.17 - 7.18)
Utah	11.38	(9.76 - 13.24)	19.08	(15.63 - 23.08)	19.33	(15.75 - 23.49)	9.62	(7.93 - 11.61)
Vermont	8.02	(6.59 - 9.74)	20.64	(17.01 - 24.82)	15.74	(12.58 - 19.51)	6.74	(5.23 - 8.64)
Virginia	8.21	(6.94 - 9.70)	19.56	(16.31 - 23.27)	17.04	(14.00 - 20.56)	6.86	(5.55 - 8.46)
Washington	9.44	(7.91 - 11.24)	19.57	(16.12 - 23.55)	19.54	(15.90 - 23.77)	8.00	(6.43 - 9.92)
West Virginia	9.27	(7.53 - 11.36)	17.92	(14.47 - 21.98)	17.00	(13.48 - 21.23)	8.21	(6.41 - 10.45)
Wisconsin	8.85	(7.37 - 10.59)	14.16	(11.34 - 17.55)	16.65	(13.67 - 20.13)	7.64	(6.08 - 9.55)
Wyoming	8.50	(7.01 - 10.26)	16.78	(13.41 - 20.79)	17.79	(14.38 - 21.80)	7.09	(5.58 - 8.96)

NOTE: Major depressive episode (MDE) is defined as in the 5th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. A subset of 2020 respondents who did not complete the questionnaire were excluded, and the analysis weights were adjusted for the reduced sample size. For details, see Section B of the “2019-2020 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology” at <https://www.samhsa.gov/data/>.

NOTE: There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the “Total U.S.” row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 31 Had Serious Thoughts of Suicide in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	4.84	(4.61 - 5.07)	11.56	(10.96 - 12.19)	3.80	(3.56 - 4.05)
Northeast	4.53	(4.15 - 4.94)	11.22	(10.12 - 12.41)	3.53	(3.15 - 3.96)
Midwest	5.36	(5.02 - 5.72)	12.53	(11.59 - 13.55)	4.23	(3.87 - 4.61)
South	4.43	(4.15 - 4.73)	10.71	(9.87 - 11.62)	3.47	(3.19 - 3.79)
West	5.24	(4.86 - 5.65)	12.28	(11.13 - 13.53)	4.15	(3.76 - 4.58)
Alabama	4.96	(4.03 - 6.09)	10.89	(8.20 - 14.32)	4.06	(3.15 - 5.22)
Alaska	6.15	(5.03 - 7.50)	14.85	(11.44 - 19.07)	4.82	(3.75 - 6.18)
Arizona	6.48	(5.26 - 7.95)	15.48	(11.82 - 20.03)	5.05	(3.91 - 6.48)
Arkansas	5.59	(4.54 - 6.87)	13.88	(10.76 - 17.73)	4.29	(3.30 - 5.57)
California	4.39	(3.82 - 5.04)	10.32	(8.67 - 12.25)	3.46	(2.88 - 4.15)
Colorado	6.01	(4.95 - 7.27)	13.25	(10.43 - 16.69)	4.91	(3.87 - 6.20)
Connecticut	4.40	(3.50 - 5.53)	10.59	(7.86 - 14.10)	3.44	(2.59 - 4.56)
Delaware	4.65	(3.79 - 5.68)	10.94	(8.36 - 14.20)	3.79	(2.95 - 4.86)
District of Columbia	4.30	(3.36 - 5.50)	7.80	(5.57 - 10.82)	3.69	(2.76 - 4.93)
Florida	4.26	(3.64 - 4.97)	10.65	(8.92 - 12.67)	3.44	(2.82 - 4.18)
Georgia	3.92	(3.21 - 4.79)	9.57	(7.33 - 12.40)	3.01	(2.36 - 3.84)
Hawaii	4.62	(3.69 - 5.78)	12.44	(9.28 - 16.48)	3.65	(2.75 - 4.82)
Idaho	6.27	(5.17 - 7.59)	13.73	(10.83 - 17.26)	5.06	(3.98 - 6.41)
Illinois	4.54	(3.88 - 5.30)	11.91	(9.85 - 14.33)	3.41	(2.77 - 4.19)
Indiana	5.82	(4.76 - 7.11)	12.49	(9.71 - 15.92)	4.70	(3.66 - 6.01)
Iowa	5.38	(4.38 - 6.59)	11.99	(9.22 - 15.45)	4.25	(3.29 - 5.48)
Kansas	6.44	(5.26 - 7.88)	15.07	(11.65 - 19.26)	4.95	(3.83 - 6.38)
Kentucky	4.89	(3.99 - 5.98)	10.91	(8.32 - 14.19)	3.95	(3.10 - 5.04)
Louisiana	4.50	(3.61 - 5.61)	10.30	(7.74 - 13.59)	3.62	(2.75 - 4.74)
Maine	5.12	(4.13 - 6.32)	12.79	(9.69 - 16.69)	4.17	(3.22 - 5.38)
Maryland	4.67	(3.78 - 5.74)	14.57	(11.32 - 18.56)	3.24	(2.46 - 4.26)
Massachusetts	4.74	(3.80 - 5.90)	11.21	(8.26 - 15.04)	3.67	(2.80 - 4.80)
Michigan	4.84	(4.09 - 5.70)	11.34	(9.32 - 13.72)	3.81	(3.08 - 4.71)
Minnesota	5.96	(4.93 - 7.20)	15.25	(12.29 - 18.77)	4.56	(3.57 - 5.82)
Mississippi	4.65	(3.68 - 5.84)	10.35	(7.59 - 13.96)	3.72	(2.81 - 4.90)
Missouri	5.47	(4.46 - 6.68)	12.81	(9.87 - 16.46)	4.34	(3.39 - 5.56)
Montana	6.24	(5.02 - 7.72)	12.44	(9.47 - 16.17)	5.30	(4.08 - 6.86)

See notes at end of table.

(continued)

Table 31 Had Serious Thoughts of Suicide in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	5.35	(4.35 - 6.58)	10.45	(7.98 - 13.56)	4.48	(3.48 - 5.75)
Nevada	5.52	(4.45 - 6.83)	14.16	(10.73 - 18.46)	4.34	(3.33 - 5.64)
New Hampshire	4.62	(3.70 - 5.75)	10.88	(8.11 - 14.46)	3.71	(2.83 - 4.84)
New Jersey	4.12	(3.35 - 5.07)	11.93	(9.31 - 15.16)	3.03	(2.31 - 3.95)
New Mexico	4.82	(3.81 - 6.08)	10.00	(7.36 - 13.46)	4.02	(3.03 - 5.32)
New York	4.34	(3.70 - 5.09)	10.13	(8.35 - 12.23)	3.47	(2.84 - 4.24)
North Carolina	4.30	(3.56 - 5.18)	10.64	(8.41 - 13.37)	3.33	(2.62 - 4.22)
North Dakota	5.62	(4.54 - 6.96)	11.23	(8.63 - 14.50)	4.57	(3.47 - 5.98)
Ohio	6.01	(5.18 - 6.96)	13.45	(11.15 - 16.14)	4.87	(4.04 - 5.86)
Oklahoma	5.24	(4.24 - 6.46)	12.02	(9.11 - 15.69)	4.12	(3.19 - 5.31)
Oregon	6.80	(5.59 - 8.25)	15.89	(12.25 - 20.36)	5.51	(4.35 - 6.95)
Pennsylvania	4.86	(4.12 - 5.72)	12.51	(10.33 - 15.08)	3.74	(3.03 - 4.62)
Rhode Island	5.17	(4.12 - 6.47)	11.32	(8.39 - 15.09)	4.15	(3.15 - 5.44)
South Carolina	4.42	(3.56 - 5.47)	10.31	(7.76 - 13.58)	3.57	(2.74 - 4.62)
South Dakota	6.08	(5.00 - 7.38)	13.52	(10.59 - 17.10)	4.87	(3.81 - 6.21)
Tennessee	4.58	(3.71 - 5.63)	10.80	(8.24 - 14.02)	3.65	(2.83 - 4.70)
Texas	4.18	(3.58 - 4.88)	9.56	(7.72 - 11.79)	3.26	(2.68 - 3.96)
Utah	7.63	(6.32 - 9.20)	14.24	(11.00 - 18.26)	6.17	(4.90 - 7.74)
Vermont	5.40	(4.38 - 6.63)	11.13	(8.47 - 14.49)	4.44	(3.44 - 5.73)
Virginia	4.58	(3.80 - 5.51)	12.19	(9.73 - 15.17)	3.42	(2.70 - 4.31)
Washington	5.62	(4.61 - 6.83)	15.06	(11.74 - 19.11)	4.27	(3.34 - 5.45)
West Virginia	5.42	(4.38 - 6.69)	13.58	(10.50 - 17.39)	4.30	(3.31 - 5.56)
Wisconsin	4.85	(3.95 - 5.94)	11.18	(8.73 - 14.21)	3.87	(3.00 - 4.97)
Wyoming	6.02	(4.83 - 7.50)	13.12	(10.05 - 16.95)	4.95	(3.77 - 6.48)

NOTE: Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.

NOTE: A subset of 2020 respondents who did not complete the questionnaire were excluded, and the analysis weights were adjusted for the reduced sample size. For details, see the "2019-2020 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the "Total U.S." row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 32 *Made Any Suicide Plans in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020*

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	1.34	(1.23 - 1.45)	3.99	(3.64 - 4.37)	0.93	(0.82 - 1.05)
Northeast	1.31	(1.14 - 1.51)	3.74	(3.16 - 4.41)	0.95	(0.79 - 1.14)
Midwest	1.52	(1.36 - 1.71)	4.55	(3.98 - 5.21)	1.05	(0.89 - 1.23)
South	1.21	(1.07 - 1.37)	3.71	(3.22 - 4.27)	0.83	(0.70 - 0.98)
West	1.39	(1.21 - 1.61)	4.12	(3.50 - 4.85)	0.97	(0.79 - 1.18)
Alabama	1.31	(0.97 - 1.76)	4.17	(2.85 - 6.05)	0.87	(0.59 - 1.28)
Alaska	1.48	(1.11 - 1.98)	3.94	(2.72 - 5.67)	1.11	(0.76 - 1.60)
Arizona	1.52	(1.13 - 2.06)	4.65	(3.22 - 6.66)	1.03	(0.69 - 1.53)
Arkansas	1.48	(1.10 - 2.00)	4.07	(2.87 - 5.74)	1.08	(0.72 - 1.61)
California	1.27	(1.01 - 1.60)	3.63	(2.78 - 4.73)	0.90	(0.65 - 1.25)
Colorado	1.43	(1.08 - 1.90)	4.05	(2.81 - 5.79)	1.03	(0.72 - 1.48)
Connecticut	1.27	(0.93 - 1.73)	3.42	(2.33 - 5.01)	0.94	(0.63 - 1.40)
Delaware	1.08	(0.78 - 1.49)	2.15	(1.40 - 3.28)	0.93	(0.63 - 1.38)
District of Columbia	1.23	(0.86 - 1.76)	2.19	(1.34 - 3.55)	1.06	(0.68 - 1.65)
Florida	1.03	(0.80 - 1.33)	3.23	(2.44 - 4.26)	0.75	(0.53 - 1.05)
Georgia	1.14	(0.86 - 1.52)	3.37	(2.37 - 4.78)	0.78	(0.53 - 1.17)
Hawaii	1.40	(0.97 - 2.02)	5.35	(3.71 - 7.65)	0.92	(0.53 - 1.59)
Idaho	1.70	(1.26 - 2.31)	5.28	(3.78 - 7.33)	1.13	(0.74 - 1.70)
Illinois	1.48	(1.15 - 1.91)	4.14	(3.07 - 5.56)	1.08	(0.76 - 1.53)
Indiana	1.38	(1.04 - 1.82)	3.93	(2.76 - 5.57)	0.95	(0.65 - 1.38)
Iowa	1.65	(1.24 - 2.21)	4.63	(3.28 - 6.49)	1.15	(0.77 - 1.71)
Kansas	1.63	(1.23 - 2.14)	4.71	(3.34 - 6.60)	1.09	(0.76 - 1.57)
Kentucky	1.51	(1.15 - 1.99)	4.57	(3.27 - 6.36)	1.04	(0.72 - 1.50)
Louisiana	1.29	(0.96 - 1.74)	4.05	(2.85 - 5.74)	0.87	(0.58 - 1.31)
Maine	1.39	(1.02 - 1.88)	4.68	(3.26 - 6.67)	0.98	(0.66 - 1.48)
Maryland	1.19	(0.89 - 1.59)	4.59	(3.27 - 6.41)	0.70	(0.47 - 1.06)
Massachusetts	1.30	(0.96 - 1.75)	3.52	(2.37 - 5.20)	0.93	(0.63 - 1.37)
Michigan	1.37	(1.08 - 1.73)	4.66	(3.52 - 6.14)	0.85	(0.61 - 1.18)
Minnesota	1.64	(1.24 - 2.16)	5.48	(3.99 - 7.49)	1.06	(0.72 - 1.57)
Mississippi	1.43	(1.04 - 1.96)	4.57	(3.09 - 6.71)	0.91	(0.60 - 1.38)
Missouri	1.55	(1.18 - 2.05)	4.67	(3.38 - 6.42)	1.08	(0.74 - 1.58)
Montana	1.61	(1.15 - 2.26)	4.10	(2.87 - 5.84)	1.23	(0.79 - 1.93)

See notes at end of table.

(continued)

Table 32 Made Any Suicide Plans in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	1.71	(1.28 - 2.27)	4.74	(3.37 - 6.64)	1.19	(0.81 - 1.74)
Nevada	1.49	(1.06 - 2.09)	5.03	(3.41 - 7.35)	1.01	(0.64 - 1.61)
New Hampshire	1.39	(1.03 - 1.86)	4.37	(3.06 - 6.22)	0.95	(0.65 - 1.41)
New Jersey	1.17	(0.88 - 1.55)	3.99	(2.87 - 5.52)	0.77	(0.52 - 1.14)
New Mexico	1.21	(0.87 - 1.67)	3.59	(2.43 - 5.28)	0.84	(0.54 - 1.29)
New York	1.35	(1.05 - 1.72)	3.25	(2.46 - 4.30)	1.06	(0.77 - 1.46)
North Carolina	1.32	(1.00 - 1.74)	4.16	(3.04 - 5.66)	0.89	(0.60 - 1.30)
North Dakota	1.79	(1.35 - 2.37)	4.33	(3.09 - 6.04)	1.31	(0.89 - 1.91)
Ohio	1.59	(1.28 - 1.98)	4.59	(3.52 - 5.98)	1.14	(0.84 - 1.53)
Oklahoma	1.31	(0.97 - 1.78)	3.70	(2.56 - 5.32)	0.92	(0.61 - 1.38)
Oregon	1.43	(1.07 - 1.90)	4.08	(2.86 - 5.79)	1.05	(0.72 - 1.52)
Pennsylvania	1.34	(1.06 - 1.70)	4.42	(3.31 - 5.87)	0.89	(0.65 - 1.23)
Rhode Island	1.32	(0.96 - 1.82)	3.09	(2.08 - 4.57)	1.03	(0.68 - 1.54)
South Carolina	1.15	(0.85 - 1.56)	3.59	(2.50 - 5.13)	0.80	(0.54 - 1.20)
South Dakota	1.86	(1.39 - 2.47)	4.64	(3.33 - 6.44)	1.40	(0.96 - 2.04)
Tennessee	1.34	(1.01 - 1.79)	4.15	(2.96 - 5.79)	0.93	(0.63 - 1.36)
Texas	1.13	(0.88 - 1.45)	3.24	(2.37 - 4.41)	0.77	(0.55 - 1.07)
Utah	1.90	(1.43 - 2.51)	5.23	(3.66 - 7.40)	1.15	(0.79 - 1.69)
Vermont	1.59	(1.17 - 2.16)	4.26	(2.94 - 6.13)	1.15	(0.77 - 1.72)
Virginia	1.32	(1.00 - 1.73)	4.12	(2.97 - 5.70)	0.89	(0.62 - 1.28)
Washington	1.53	(1.16 - 2.02)	5.08	(3.57 - 7.19)	1.02	(0.70 - 1.49)
West Virginia	1.56	(1.16 - 2.09)	5.39	(3.78 - 7.62)	1.03	(0.69 - 1.54)
Wisconsin	1.51	(1.16 - 1.97)	4.78	(3.43 - 6.63)	1.00	(0.69 - 1.44)
Wyoming	1.52	(1.12 - 2.06)	4.46	(3.14 - 6.31)	1.07	(0.71 - 1.62)

NOTE: Respondents were asked whether they made any suicide plans in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans in the past 12 months.

NOTE: A subset of 2020 respondents who did not complete the questionnaire were excluded, and the analysis weights were adjusted for the reduced sample size. For details, see the "2019-2020 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the "Total U.S." row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 33 Attempted Suicide in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Total U.S.	0.52	(0.46 - 0.59)	1.85	(1.60 - 2.13)	0.31	(0.26 - 0.38)
Northeast	0.55	(0.42 - 0.71)	1.69	(1.32 - 2.16)	0.37	(0.26 - 0.54)
Midwest	0.54	(0.43 - 0.67)	1.86	(1.54 - 2.24)	0.33	(0.24 - 0.46)
South	0.51	(0.41 - 0.64)	1.98	(1.63 - 2.41)	0.29	(0.20 - 0.41)
West	0.49	(0.38 - 0.63)	1.74	(1.39 - 2.19)	0.29	(0.19 - 0.43)
Alabama	0.60	(0.42 - 0.86)	2.32	(1.50 - 3.57)	0.34	(0.20 - 0.57)
Alaska	0.47	(0.31 - 0.70)	2.35	(1.49 - 3.67)	0.18	(0.09 - 0.36)
Arizona	0.57	(0.40 - 0.82)	2.70	(1.74 - 4.17)	0.23	(0.13 - 0.41)
Arkansas	0.51	(0.35 - 0.73)	1.98	(1.30 - 3.01)	0.28	(0.16 - 0.48)
California	0.46	(0.33 - 0.65)	1.52	(1.08 - 2.14)	0.30	(0.18 - 0.49)
Colorado	0.43	(0.30 - 0.64)	1.62	(1.06 - 2.47)	0.25	(0.14 - 0.45)
Connecticut	0.52	(0.35 - 0.78)	1.78	(1.11 - 2.84)	0.33	(0.18 - 0.58)
Delaware	0.55	(0.37 - 0.80)	2.17	(1.37 - 3.41)	0.33	(0.19 - 0.56)
District of Columbia	0.46	(0.28 - 0.75)	0.87	(0.48 - 1.58)	0.39	(0.21 - 0.71)
Florida	0.53	(0.38 - 0.73)	2.12	(1.48 - 3.04)	0.33	(0.20 - 0.52)
Georgia	0.48	(0.34 - 0.68)	1.76	(1.15 - 2.67)	0.27	(0.16 - 0.46)
Hawaii	0.46	(0.28 - 0.74)	2.05	(1.20 - 3.48)	0.26	(0.12 - 0.54)
Idaho	0.51	(0.34 - 0.76)	1.64	(1.05 - 2.56)	0.33	(0.19 - 0.57)
Illinois	0.56	(0.40 - 0.78)	1.86	(1.30 - 2.65)	0.36	(0.22 - 0.57)
Indiana	0.50	(0.35 - 0.72)	1.80	(1.18 - 2.75)	0.28	(0.16 - 0.48)
Iowa	0.54	(0.37 - 0.79)	1.44	(0.93 - 2.22)	0.39	(0.23 - 0.66)
Kansas	0.49	(0.33 - 0.72)	1.69	(1.11 - 2.55)	0.28	(0.15 - 0.50)
Kentucky	0.59	(0.41 - 0.84)	2.65	(1.77 - 3.95)	0.27	(0.15 - 0.47)
Louisiana	0.53	(0.37 - 0.76)	2.16	(1.40 - 3.34)	0.28	(0.16 - 0.47)
Maine	0.63	(0.42 - 0.94)	2.13	(1.34 - 3.37)	0.44	(0.26 - 0.76)
Maryland	0.51	(0.35 - 0.74)	2.42	(1.57 - 3.71)	0.24	(0.13 - 0.42)
Massachusetts	0.56	(0.37 - 0.84)	1.79	(1.12 - 2.86)	0.36	(0.20 - 0.63)
Michigan	0.58	(0.42 - 0.80)	1.98	(1.41 - 2.78)	0.36	(0.22 - 0.59)
Minnesota	0.51	(0.36 - 0.72)	2.10	(1.44 - 3.07)	0.27	(0.15 - 0.47)
Mississippi	0.58	(0.40 - 0.84)	2.05	(1.28 - 3.27)	0.34	(0.20 - 0.58)
Missouri	0.53	(0.36 - 0.77)	1.91	(1.25 - 2.90)	0.32	(0.18 - 0.55)
Montana	0.53	(0.36 - 0.78)	2.25	(1.46 - 3.46)	0.27	(0.15 - 0.49)

See notes at end of table.

(continued)

Table 33 Attempted Suicide in the Past Year: Among People Aged 18 or Older; by Age Group and State, Average Percentages, 2019 and 2020 (continued)

State	18+ (Estimate)	18+ (95% Confidence Interval)	18-25 (Estimate)	18-25 (95% Confidence Interval)	26+ (Estimate)	26+ (95% Confidence Interval)
Nebraska	0.53	(0.35 - 0.78)	1.63	(1.07 - 2.49)	0.34	(0.19 - 0.59)
Nevada	0.57	(0.38 - 0.85)	2.51	(1.51 - 4.14)	0.31	(0.17 - 0.54)
New Hampshire	0.57	(0.39 - 0.83)	2.33	(1.46 - 3.69)	0.32	(0.18 - 0.56)
New Jersey	0.44	(0.30 - 0.65)	1.76	(1.15 - 2.67)	0.25	(0.14 - 0.46)
New Mexico	0.63	(0.42 - 0.95)	2.36	(1.49 - 3.73)	0.37	(0.20 - 0.67)
New York	0.53	(0.37 - 0.76)	1.27	(0.88 - 1.83)	0.42	(0.26 - 0.67)
North Carolina	0.50	(0.35 - 0.69)	1.88	(1.29 - 2.75)	0.28	(0.17 - 0.48)
North Dakota	0.47	(0.32 - 0.68)	1.62	(1.06 - 2.48)	0.25	(0.14 - 0.45)
Ohio	0.55	(0.40 - 0.76)	1.71	(1.17 - 2.48)	0.37	(0.24 - 0.59)
Oklahoma	0.68	(0.48 - 0.96)	2.68	(1.73 - 4.13)	0.35	(0.20 - 0.59)
Oregon	0.54	(0.36 - 0.82)	1.56	(1.01 - 2.41)	0.40	(0.23 - 0.70)
Pennsylvania	0.61	(0.44 - 0.86)	2.12	(1.47 - 3.04)	0.39	(0.24 - 0.65)
Rhode Island	0.68	(0.45 - 1.04)	1.58	(0.95 - 2.63)	0.53	(0.30 - 0.94)
South Carolina	0.49	(0.34 - 0.71)	1.81	(1.17 - 2.79)	0.30	(0.18 - 0.51)
South Dakota	0.61	(0.41 - 0.89)	2.60	(1.69 - 3.96)	0.28	(0.15 - 0.52)
Tennessee	0.60	(0.42 - 0.85)	2.38	(1.58 - 3.57)	0.33	(0.20 - 0.55)
Texas	0.43	(0.30 - 0.61)	1.57	(1.05 - 2.35)	0.23	(0.14 - 0.40)
Utah	0.40	(0.26 - 0.62)	1.36	(0.82 - 2.24)	0.19	(0.10 - 0.37)
Vermont	0.57	(0.38 - 0.86)	1.61	(1.00 - 2.56)	0.40	(0.23 - 0.71)
Virginia	0.51	(0.36 - 0.72)	2.01	(1.37 - 2.95)	0.28	(0.17 - 0.47)
Washington	0.48	(0.33 - 0.71)	1.75	(1.12 - 2.71)	0.30	(0.18 - 0.52)
West Virginia	0.67	(0.46 - 0.96)	2.76	(1.80 - 4.20)	0.38	(0.22 - 0.65)
Wisconsin	0.53	(0.36 - 0.76)	2.04	(1.35 - 3.06)	0.29	(0.17 - 0.50)
Wyoming	0.48	(0.33 - 0.70)	2.19	(1.42 - 3.35)	0.22	(0.12 - 0.41)

NOTE: Respondents were asked whether they attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not attempting suicide in the past 12 months.

NOTE: A subset of 2020 respondents who did not complete the questionnaire were excluded, and the analysis weights were adjusted for the reduced sample size. For details, see the "2019-2020 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.

NOTE: State and census region estimates, along with the 95 percent Bayesian confidence (credible) intervals, are based on a survey-weighted hierarchical Bayes estimation approach and generated by Markov Chain Monte Carlo techniques. For the "Total U.S." row, design-based (direct) estimates and corresponding 95 percent confidence intervals are given.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.